



## THE **HIGH WAY** HOME?

# Driving high raises the risks.

Cannabis acts like a magnifying glass, amplifying risk factors already related to collisions among youth. Driving after using cannabis is not harmless.

#### Driver Age

When you're young, the parts of your brain that help you make safe decisions are still developing. This means that you might be more likely to engage in risky behaviours, like speeding and reckless passing.

#### Driving Experience

Youth aged 16 to 19 are at the greatest risk and have the highest rate of collisions among all age groups. As new drivers, it takes time to develop good driving skills and decision making abilities in various driving conditions.

#### Night Driving

Driving at night poses unique challenges to young drivers that can greatly increase the risk of collision. Risk factors include reduced visibility, lack of experience driving at night and fatigue.

### Youth Passengers

Young passengers can distract drivers. Having one or more passengers in your car can increase the risk of a collision, especially if the passengers are your friends.

**Road Trip Tip #3:** Canadian youth and young drivers are more likely to experience cannabis-related collisions. When cannabis use collides with driving, it amplifies the risk of crashing. It's safer if you're sober.